



**10<sup>TH</sup> LIVER SUMMIT**

ISTANBUL, TURKEY | 02<sup>ND</sup> - 04<sup>TH</sup> SEPTEMBER, 2022



Dear Colleagues!

It's our great pleasure to welcome you to the **Liver Summit 2022** on **2<sup>nd</sup> - 4<sup>th</sup> September 2022**, in the historical city of **Istanbul, Turkey**.

**Liver Summit** is the regular annual event of Hepatology for the last 12 years. Every year, the scientific committee works hard to provide an outstanding and attractive program to enhance and expand the scientific and educational sessions. This year main focus will be on **HBV, HCV, Non-Viral Chronic Liver Diseases, NASH, Complication of Liver Cirrhosis especially Liver and Metabolic Health**. The scientific content includes didactic lectures, case based interactive lectures, case base debates and in-depth discussion with international and national faculty.

The meeting will provide a unique opportunity of interaction and collaboration amongst international & national faculty and medical specialist.

We are looking forward for your active participation in **Liver Summit 2022**.

Best wishes,

Organizers  
Liver Summit 2022



**1<sup>st</sup> Liver Summit**

Istanbul, Turkey

**2011**

**3<sup>rd</sup> Liver Summit**

Cappadocia, Turkey

**2013**

**2<sup>nd</sup> Liver Summit**

Antalya, Turkey

**2012**

**6<sup>th</sup> Liver Summit**

Doha, Qatar

**2016**

**4<sup>th</sup> Liver Summit**

Izmir, Turkey

**2014**

**5<sup>th</sup> Liver Summit**

Istanbul, Turkey

**2015**

**7<sup>th</sup> Liver Summit**

Colombo, Sri Lanka

**2017**

**9<sup>th</sup> Liver Summit**

Izmir, Turkey

**2019**

**8<sup>th</sup> Liver Summit**

Istanbul, Turkey

**2018**

**2022**



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# “Liver and Metabolic Health”

This year, the summit agenda combines interactive sessions on management challenges by our experts with didactic lectures on hepatitis treatment controversies, challenges & updates in addition to other growing concerns in the field. To elaborate on the theme of **Liver and Metabolic Health**, our discussion panels will include experts from the fields of Cardiology, Diabetology and Gynecology to hopefully provide fresh insight into optimal patient care in liver-related diseases.

The liver is involved in the metabolism of nutrients. When the liver is overburdened and consequently unable to metabolize nutrients and fats properly it slows down metabolism leading to more serious health issues as well as weight gain and lethargy. "The fat and toxins build up in the liver leading to slow metabolism of the body.

Liver Summit is an exceptional opportunity to create an infrastructure where clinically relevant problems can be translated in real time to the laboratory and then back to the bedside through the continuum of liver disease with the end goal of accelerating preventive and therapeutic strategies.





## “The Liver and Metabolic Health”

Day 1 - 3<sup>rd</sup> September, 2022 (Saturday)

Time	Session	Presenter
08:00 - 08:30	Registration of Participants	Ferozsons
08:30 - 08:45	Seating of Participants	
08:45 - 09:00	Welcome and Opening Remarks	Osman Khalid Waheed

Session I-A		NAFLD/NASH
Chairpersons: Arun Sanyal, Saleem Qureshi, Shahid Habib		Moderator: Javed Iqbal Farooqi
09:00 - 09:25	It's All About Metabolic Health	Arun Sanyal
09:25 - 09:40	Nonalcoholic Fatty Liver Disease and Cardiovascular Risk	Kamran Ali Babar
09:40 - 10:00	Type-II Diabetes and NASH	Amir Moheet
10:00 - 10:30	<b>Panel Discussion</b> CVD, T2DM and NASH	Arun Sanyal Saleem Qureshi Amir Moheet Shahid Habib Kamran Ali Babar
10:30 - 11:00	<b>Tea Break</b>	

Session I-B		NAFLD/NASH – Case Based Discussions
Chairpersons: Arun Sanyal, Amjad Salamat		Moderator: Adnan Salim
11:00 - 11:20	Imaging and Diagnosis of NAFLD/NASH	Fariha Shams
11:20 - 11:40	Medical Management of Obesity in NASH	Ghias-un-Nabi Tayyab
11:40 - 12:00	Surgical Management of Obesity in NASH	Sayeed Ikramuddin
12:00 - 12:20	Update on Emerging Therapies in NASH	Bilal Hameed
12:20 - 12:40	Role of Lifestyle Modification in Managing NAFLD	Shahid Habib
12:40 - 13:00	<b>Questions &amp; Answers / Panel Discussion</b>	
13:00 - 14:00	<b>Lunch Break</b>	

Session II		Cirrhosis and Its Complications
Chairpersons: Zaigham Abbas, Shahid Habib, Bilal Hameed		Moderator: Akram Malik
14:00 - 14:20	<b>[Lecture]</b> ESLD and Use of Albumin	Muhammad Salih
14:20 - 14:40	<b>[Lecture]</b> Kidney Injury in Liver Cirrhosis-Diagnosis and Management	Arun Sanyal
14:40 - 15:00	<b>[Interactive Case-based Discussion]</b> Use of Carvedilol in Portal Hypertension	Zahid Azam
15:00 - 15:20	<b>[Lecture]</b> Rifaximin and the Cirrhotic Patient	Javed Iqbal Farooqi
15:20 - 15:30	<b>Questions &amp; Answers / Panel Discussion</b>	

15:30 - 16:30	<b>Education and Research Collaboration Possibilities:</b> Panel Discussion	Moderators: Adeel Butt Altaf Alam  Norah Terrault Arun Sanyal Ghias-un-Nabi Tayyab Amjad Salamat
16:30	Closing of Day 1 / Tea	

Day 2 - 4 <sup>th</sup> September, 2022 (Sunday)		
Time	Session	Presenter
<b>Session III-A</b>	<b>Hepatitis C: From Cure to Elimination</b>	
Chairpersons: Zaigham Abbas, Norah Terrault, Ghias-un-Nabi Tayyab		Moderator: Affan Qaiser
09:00 - 09:20	Hepatitis Elimination in Pakistan: Where Do We Stand?	Huma Qureshi
09:20 - 09:50	The Netflix Model of HCV Elimination	Homie Razavi
09:50 - 10:10	<b>[Lecture]</b> Micro-Elimination, The Way Forward	Asad Ali Chaudhry
<b>Session III-B</b>	<b>Hepatitis D: New Hope</b>	
10:10 - 10:40	<b>[State of the Art Lecture]</b> HDV Current and Upcoming Treatment Options	Prof. Cihan Yurdaydin
10:40 - 11:00	<b>Questions &amp; Answers / Panel Discussion</b>	
11:00 - 11:30	<b>Tea Break</b>	

<b>Session IV</b>	<b>Hepatitis B: Short of Cure</b>	
Chairpersons: Norah Terrault, Altaf Alam, Huma Qureshi		Moderator: Asad Ali Chaudhry
11:30 - 11:50	<b>[Lecture]</b> Chronic Hepatitis B Updates	Norah Terrault
11:50 - 12:10	<b>[Debate]</b> HBeAg- CHB Non-cirrhotic Patients May Stop NUCs	<b>For</b> Amjad Salamat
12:10 - 12:30		<b>Against</b> Bilal Hameed
12:30 - 12:50	<b>[Interactive Case-based Discussion]</b> HBV in Pregnancy Treatment & Prevention of Mother to Child Transmission	Zaigham Abbas
12:50 - 13:10	<b>[Interactive Case-based Discussion]</b> Use of Peg Interferon to Achieve Surface Antigen Clearance	Norah Terrault
13:10 - 13:30	<b>Questions &amp; Answers / Panel Discussion</b>	
13:30 - 14:30	<b>Lunch Break</b>	

<b>Session V</b>	<b>Hepatitis E</b>	
Chairpersons: Haroon Yousaf, Javed Iqbal Farooqi, Zahid Azam		Moderator:
14:30 - 14:50	Hepatitis E and CLD	Javed Iqbal Farooqi
14:50 - 15:10	Hepatitis E and Pregnancy	Muhammad Tayyab
15:10 - 15:30	How to Prevent Hepatitis E	Altaf Alam

Session VI	Research	
15:30 - 16:30	<b>Panel Discussion</b> Can We Set a Liver Research Agenda for 2023?	Moderators: Bilal Hameed Adeel Butt  Altaf Alam Javed Iqbal Farooqi Ghias-un-Nabi Tayyab Zaigham Abbas
16:30	Closing of Summit and Tea	

### Scientific Committee



Dr. Altaf Alam



Dr. Javed Iqbal Farooqi



Dr. Asad Ali Chaudhry

### International Speakers



Dr. Adeel Ajwad Butt



Dr. Norah Terrault



Dr. Homie Razavi



Prof. Cihan Yurdaydin



Dr. Sayeed Ikramuddin



Dr. Shahid Habib



Dr. Arun J. Sanyal



Dr. Amir Moheet



Dr. Bilal Hameed



## National Speakers



Dr. Altaf Alam



Dr. Javed Iqbal Farooqi



Dr. Asad Ali Chaudhry



Dr. Ghias-un-Nabi Tayyab



Dr. Amjad Salamat



Dr. Zaigham Abbas



Dr. Zahid Azam



Dr. Kamran Ali Babar



Dr. Huma Qureshi



Dr. Muhammad Tayyab



Dr. Adnan Salim



Dr. Fariha Shams



Dr. Muhammad Salih



Dr. Akram Malik



Dr. Saleem Qureshi



Dr. Muhammad Affan Qaiser



# Hotel

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## Weather

Thursday  
Sep 1



29°/23°

Friday  
Sep 2



27°/20°

Saturday  
Sep 3



27°/22°

Sunday  
Sep 4



27°/22°



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